

DO YOU HAVE PARASITES?

I know I bring this topic up every fall and spring, however, we pick up many new subscribers and I feel this is an essential part of staying healthy.

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It's not a pleasant thought, but there are many people suffering from various ailments doctors have been unable to diagnose until some type of parasite or worm was finally discovered.

One of the reasons American doctors sometimes miss these critters is that many types of parasites are not common in our country but are common elsewhere. Many Americans travel to strange and exotic places and pick up problems that are rare or unknown back in the States.

Another reason why parasites are often overlooked as a cause of disease is that a busy doctor is not taking enough time to get a clear picture of your total symptoms. There are about a 1,000 different kinds of parasites, so don't expect too much from any medical professional when it comes to diagnosing your possible parasite problem. On the other hand, don't be shy about finding out what you can from professionals who have expertise and laboratories to help them.

Parasites can enter the body through contaminated drinking water, food, through open wounds, by burrowing through the skin of the feet, by getting on hands and being transferred to the mouth or nose. Wind is a possible vector, making earth-bound microscopic organisms airborne.

Symptoms usually depend on the type of parasite, but generally they include nervousness, grinding teeth at night (especially children), various aches and pains that may move from place to place, mimicked appendicitis, ulcers and various digestive pain, nausea or diarrhea. Picking the nose, itching, acne, foul breath, appetite sometimes voracious and at other times poor, itching anus, anemia, liver jaundice, wide mood swings, fatigue, menstrual irregularities, fever, colitis and insomnia can occur.

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Parasite problems are often so evasive to regular medical investigation that no one can accurately estimate how much of the population may be afflicted. Present estimates range from 25-80% for Americans.

The Main Signs of Parasite Infestation

- Feel tired most of the time / Chronic Fatigue / Exhausted/ Chronic Fatigue Syndrome
- Digestive problems / gas, bloating, constipation or diarrhea
- Chronic constipation / Irregular bowel movements
- Low energy / Low stamina
- Always getting sick / Feeling down / catching flu
- Food sensitivities and environmental intolerance / Food Allergies
- Developed allergic-like reactions and can't understand why?
- Have joint and muscle pains and inflammation often assumed to be arthritis?
- Suffer with anemia or iron deficiency (pernicious anemia)?
- Have hives, rashes, weeping eczema, skin ulcers, swelling, sores, papular lesions, itchy dermatitis, itchy anus?
- Suffer with restlessness and anxiety?
- Experience multiple awakenings during the night particularly between 2 and 3 am?
- Grinding teeth
- Have an excessive amount of bacterial or viral infections?
- Depressed?
- Difficulty gaining or losing weight no matter what you do?
- Did a Candida program either didn't help at all or helped somewhat but you still can't stay away from bread, alcohol, fruit or fruit juices?
- Just can't figure out why you don't feel really great and neither can your doctor?

- Itchy ears, nose, anus
- Forgetfulness, slow reflexes, gas and bloating, unclear thinking
- Loss of appetite, yellowish face
- Fast heartbeat, pain in the navel
- Eating more than normal but still feel hungry
- Pain in the back, thighs, shoulders
- General lethargy
- Numb hands
- Burning sensation in the stomach
- Drooling while sleeping
- Damp lips at night, dry lips during the day, grinding teeth while asleep
- Bed wetting
- Picking the nose
- White raccoon eyes
- White above the lips

HELPFUL HINTS WHEN CLEANSING

1. NSP's Deep relief and parasites - It is actually a narcotic to parasites. It puts the parasites in a coma-like condition so that they don't tear the membrane lining in the intestine when you start to flush them out. It attacks their nervous system. I use one drop in a carrier on the abdomen of small children before bed.

2. It is suggested to start a parasite cleanse 5 days before a new moon as that is when they are most active.

3. Homeopathic Parasite may be helpful for relief of symptoms.

4. It is essential to take Probiotics while cleansing. L. Reuteri or Probiotic 11 are good choices.

5. Remember, parasites love dairy and sugar so it is suggested to go off dairy and sugar while cleansing.

6. For children the following supplements can be used for up to 50 days to help a child with issues of parasites:

- Garlic pearls
- Black Walnut liquid
- Parasite homeopathic
- Pumpkin seeds

7. For adults the Para-Cleanse package is the most aggressive. Be sure you're having a bowel movement every day before starting. You have a week to get ready . . . It contains:

- One capsule of **Paw Paw Cell-Reg**
- One capsule of **Herbal Pumpkin** (pumpkin seeds, black walnut hulls, cascara sagrada bark, violet leaves, chamomile flowers, mullein leaves, marshmallow root and slippery elm bark)
- Two capsules of **Yeast/Fungal Detox** (oregano, caprylic acid, propionic acid, sorbic acid, Echinacea angustifolia root, garlic, pau d'arco, selenium and zinc)
- Two capsules of **Artemisia Combination** (two species of artemisia, wormwood and mugwort, along with elecampane root, clove flower buds, garlic bulb, ginger root, spearmint herb and turmeric root.)

RECOMMENDED USE

Take the contents of one cello packet twice a day 15 minutes before your morning and evening meals with at least 8 oz. pure water. Continue the program for 10 days, eating lots of fresh fruits and vegetables and whole grains. If this is a first time cleanse repeat the following month.